

AeroPress brew guide

Printable recipe for the standard upright method. One cup.

Recipe

Coffee 15 g / Water 220 g / Ratio 1:14.7

Grind medium-fine / Water 90 C / Total time 2:00

Steps

1. Heat water and let it rest for one minute.
2. Rinse a paper filter in the cap and stand the AeroPress on a mug.
3. Add 15 g of coffee, level it, and tare the scale.
4. 0:00 Pour 220 g of water in about ten seconds.
5. 0:10 Stir three times.
6. Insert the plunger 1 cm to seal, and wait until 1:30.
7. 1:30 Swirl gently, then press slowly for about 30 seconds.
8. 2:00 Stop when you hear the hiss.